
	EMF/NIR Report		Radiofrequency electromagnetic fields measurement survey	
	Version	Reference #	Issue Date	Issued by
	1.0	2022/22	8 <sup>th</sup> June 2022	J Vila

## 1. Measurement survey characteristics

Measurement date:	23 <sup>rd</sup> May 2022
Measurement time (approx.):	15:00 pm – 16:00 pm
Measurement point & location:	Market Street, Castlebar, Co Mayo
GPS coordinates:	53°51'23.2" N; 9°18'02.0" W
Survey staff:	Javier Vila, Michael Murray
Purpose of the survey:	<p>1) To carry out measurements of radiofrequency (RF) electromagnetic fields (EMF) at a location within Castlebar town with high daytime population.</p> <p>2) To determine typical RF EMF levels and compare them with relevant exposure limits recommended by the International Commission on Non-Ionizing Radiation Protection (ICNIRP).</p> <p>This survey is part of the EPA’s national EMF monitoring programme (see reference EPA 2020 for more details).</p>
Measurement point description:	Outdoor public space typically busy due to available amenities in the area.

## 2. Summary of survey results

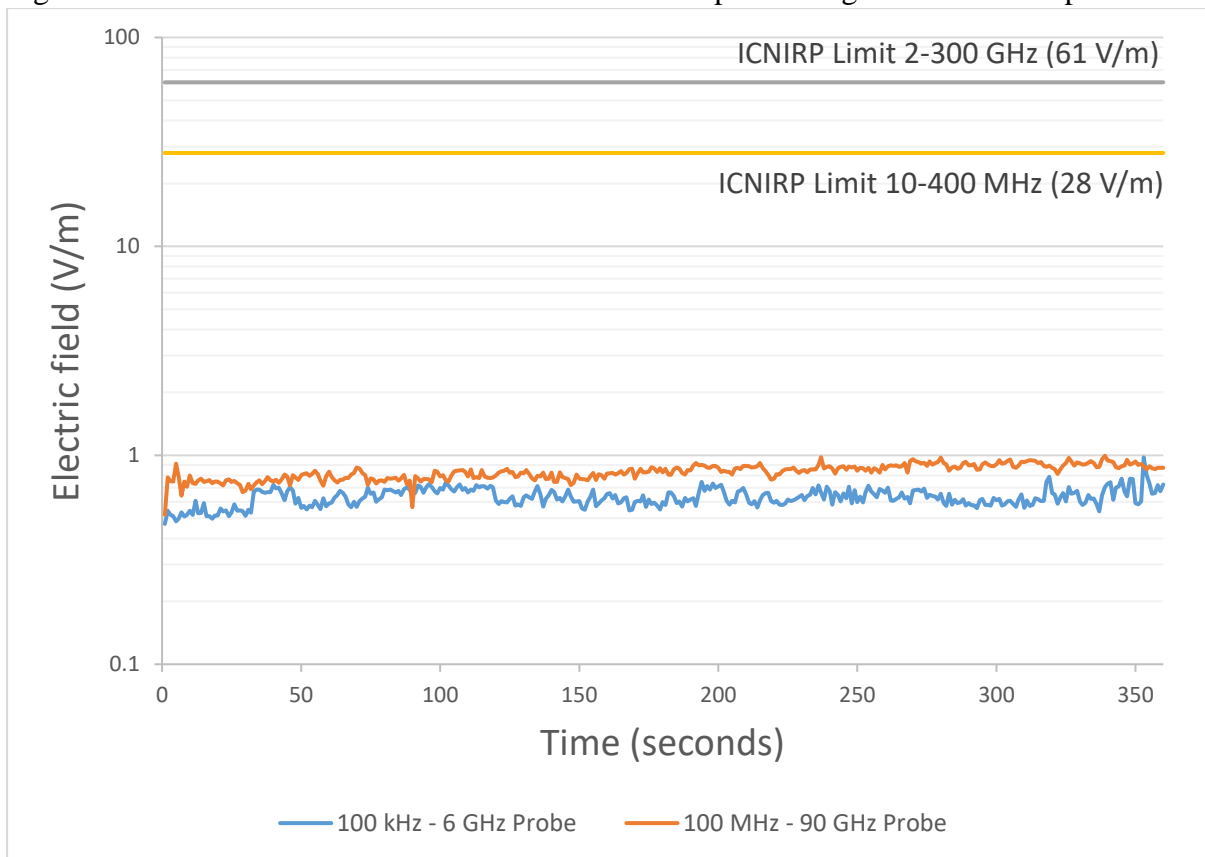
Measurement result:	The average total RF level measured was 0.63 V/m. This value is below ICNIRP’s recommended exposure limits of 28 V/m for radiofrequencies < 400 MHz and 61 V/m for radiofrequencies > 2 GHz.
Measured RF sources/signals:	TETRA, 2G (GSM), 3G (UMTS), 4G (LTE), Wi-Fi 2.4GHz, 5G (NR-3.6GHz), BWA
Number of nearby telecommunication sites:	1 nearby site (see map on page 4 for details). This information was obtained from the ComReg’s website <a href="https://siteviewer.comreg.ie/">https://siteviewer.comreg.ie/</a> (November 2020)

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### 3. Measurement methodology and results

Broadband and frequency-selective EMF measurements were performed at a location in Castlebar town centre (Market Street) known to have a high daytime population. The charts and tables below contain the summary results for total RF electric fields (Table 1 & Figure 1) and frequency-specific RF electric fields (Table 2 & Figure 2) for the selected location and time of the day using various configurations, including the use of a 5G-enabled mobile phone handset in the proximity of the measurement point while streaming video to identify any potential nearby 5G signals.

Figure 1. Total RF electric field levels at measurement point using two broadband probes.



Note: This graph represents total average (rms) RF electric fields measured for 6 minutes (360 seconds) using two different RF probes as described on the graph legend. Total RF fields include exposures from all RF sources (signals) depending on the probe(s) used. ICNIRP reference levels between 400 MHz and 2 GHz are frequency specific (see EC 1999 for details).

Table 1. Summary of total RF fields at measurement point using two broadband probes.

Probe Frequency Range	Average electric field (V/m)	Average power density (W/m <sup>2</sup> )	Maximum electric field (V/m)	Maximum power density (W/m <sup>2</sup> )	ICNIRP reference level (V/m)	ICNIRP reference level (W/m <sup>2</sup> )
100 kHz - 6 GHz	0.63	0.001	0.98	0.003	28*	2*
100 MHz - 90 GHz	0.83	0.002	0.99	0.003	28*	2*

Note: RF electric field data obtained with Narda NBM-550 meter with EF0691 and EF9091 probes. \*Strictest ICNIRP reference levels for the entire RF frequency range. These data have a maximum overall uncertainty around ±41% (±3 dB).


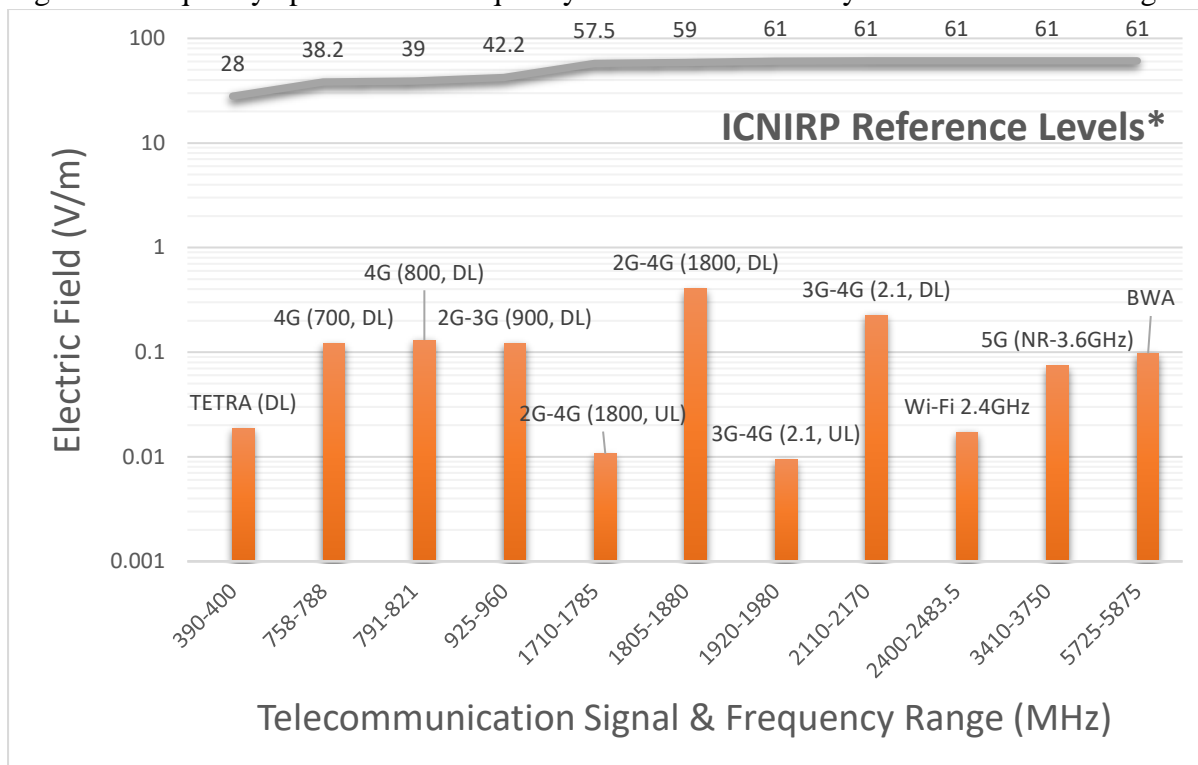
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Figure 2. Frequency-specific radiofrequency electric field level by telecommunication signal




Note: Average RF electric field data above the noise threshold for 6-min average (rms) obtained with SRM-3006 spectrum analyser using 3501/03 and 3502/01 probes. \*ICNIRP reference level for the midpoint of each corresponding frequency range. 2G: GSM; 3G: UMTS; 4G: LTE; DL: Downlink; UL: Uplink.

Table 2. Measured average and maximum frequency-specific field level by RF source/signal.

RF Source / Telecommunication Signal	Frequency Range (MHz)	Maximum Electric Field/ Power Density		Average Electric Field/ Power Density		ICNIRP Reference Level <sup>b</sup>	
		(V/m)	(W/m <sup>2</sup> )	(V/m)	(W/m <sup>2</sup> )	(V/m)	(W/m <sup>2</sup> )
TETRA (DL)	390-400	0.02	0.000002	0.02	0.000001	28.0	2.0
4G (700, DL)	758-788	0.15	0.00006	0.12	0.00004	38.2	3.9
4G (800, DL)	791-821	0.16	0.00007	0.13	0.00005	39	4.0
2G-3G (900, DL)	925-960	0.15	0.00006	0.12	0.00004	42.2	4.7
2G-4G (1800, UL)	1710-1785	0.02	0.000002	0.01	0.0000003	57.5	8.7
2G-4G (1800, DL)	1805-1880	0.57	0.0009	0.40	0.0004	59.0	9.2
3G-4G (2.1, UL)	1920-1980	0.05	0.000007	0.01	0.0000002	60.7	9.8
3G-4G (2.1, DL)	2110-2170	0.32	0.0003	0.23	0.0001	61	10
Wi-Fi 2.4GHz	2400-2483.5	0.07	0.00001	0.02	0.000001	61	10
5G (NR-3.6GHz)	3410-3750	0.13	0.00004	0.07	0.00001	61	10
BWA	5725-5875	0.14	0.00006	0.10	0.00003	61	10

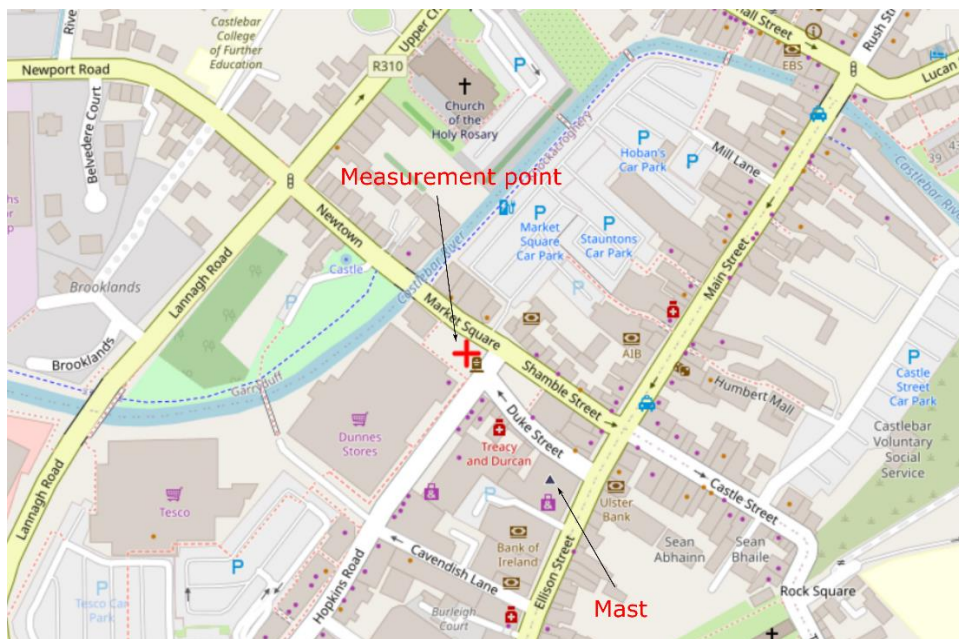
Note: RF electric field data above the equipment noise threshold for 6-min average (rms) obtained with SRM-3006 meter using 3501/03 and 3502/01 probes. These data have a maximum overall uncertainty around ±41% (±3 dB). <sup>b</sup>ICNIRP reference level for each corresponding frequency range. 2G: GSM; 3G: UMTS; 4G: LTE; DL: Downlink; UL: Uplink; NR: New Radio; BWA: Broadband Wireless Access.

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## 5. Conclusion – Total & Frequency-Specific RF field levels


Measured (average and maximum) total RF electric field levels (Figure 1 & Table 1) were below the strictest ICNIRP recommended exposure limit for the entire RF frequency range (i.e. 28 V/m). The average total RF level was 0.63 V/m. Measured (average and maximum) frequency-specific RF electric field levels for all detected signals (Figure 2 & Table 2) were low (< 1 V/m). All the signals measured were below the corresponding ICNIRP recommended exposure limits of 28 V/m for radiofrequencies < 400 MHz and 61 V/m for radiofrequencies > 2 GHz. The highest RF electric field level at the point of measurement (0.57 V/m) is likely to correspond to the emission (downlink) from nearby 2G-4G (1800 MHz) antennas. 5G signals were detected at the point of measurement, with maximum levels of 0.13 V/m (without data traffic).

## 6. Map of measurement point and nearby telecommunication sites (masts)



## 7. Photo of measurement point and nearby (line-of-sight) telecommunication sites (masts)



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## Appendix

### A1. Equipment characteristics and calibration

The following EMF measurement equipment was used:

- Narda SRM-3006 frequency-selective meter and spectrum analyser.
- Narda NBM-550 wideband survey meter.
- Narda probes covering a frequency range between 100 kHz and 90 GHz.
- All equipment was calibrated in December 2021.

### A2. References

- EPA 2020. EMF Monitoring Programme 2021-2023.  
<https://www.epa.ie/radiation/emf/emfmonitoringprogramme/>
- ECC RECOMMENDATION (02)04. Measuring Non-Ionising Electromagnetic Radiation (9 kHz – 300 GHz) (Bratislava 2003, Helsinki 2007)  
[www.erodocdb.dk/Docs/doc98/official/pdf/REC0204.PDF](http://www.erodocdb.dk/Docs/doc98/official/pdf/REC0204.PDF)
- I.S. EN 62232-2017. Determination of RF field strength, power density and SAR in the vicinity of radiocommunication base stations for the purpose of evaluating human exposure. NSAI Standards; CENELEC 2017 <https://shop.standards.ie/en-ie/>
- European Commission (EC) 1999/519/EC: Council Recommendation of 12 July 1999 on the limitation of exposure of the general public to electromagnetic fields (0 Hz to 300 GHz) <https://op.europa.eu/en/publication-detail/-/publication/9509b04f-1df0-4221-bfa2-c7af77975556/language-en>
- International Commission on Non-Ionizing Radiation Protection (ICNIRP). Guidelines for Limiting Exposure to Electromagnetic Fields (100 kHz to 300 GHz). Health Physics 2020 May;118(5): 483-524  
<https://pubmed.ncbi.nlm.nih.gov/32167495/>